

## THE COST OF SMOKING

How much do you smoke? How long have you been smoking? Use the ready reckoner to find out how much cash you've puffed away ...

What else could you have done with the money? Stopping smoking now could be like giving yourself a hefty pay rise – and it's one benefit you'll feel straight away.

Based on the price of £7.37 per packet of 20

| Cigarettes per day | 1 day  | 1 week  | 1 month | 1 year   | 5 years   | 10 years  |
|--------------------|--------|---------|---------|----------|-----------|-----------|
| 5                  | £1.84  | £12.90  | £56.04  | £672.51  | £3362.55  | £6725.10  |
| 10                 | £3.69  | £25.79  | £112.09 | £1345.02 | £6725.10  | £13450.20 |
| 20                 | £7.37  | £51.59  | £224.17 | £2690.05 | £13450.25 | £26900.50 |
| 30                 | £11.08 | £77.60  | £336.25 | £4035.07 | £20175.35 | £40350.70 |
| 40                 | £14.78 | £103.18 | £448.34 | £5380.10 | £26900.50 | £53801.00 |
| 60                 | £22.17 | £155.20 | £672.51 | £8070.15 | £40350.75 | £80701.50 |

What could you have bought instead? I had a quick trawl of the web and found this offer without even trying – 30<sup>th</sup> March 2012.

For one person smoking 20 cigarettes a day.

Holidays - **CLUB VISTA BAHIA HOTEL - IBIZA Portinatx**

At the CLUB VISTA BAHIA HOTEL  
 FLIGHT FROM NEWCASTLE ON 5TH AUGUST 2012  
 14 NIGHTS ALL INCLUSIVE  
 FAMILY ROOM WITH SEA VIEW  
 PRICE INCLUDES:

2 AD + 2 CHILDREN (UNDER 12YEARS)  
 FLIGHTS WITH FULL LUGGAGE ALLOWANCE AND 5KG HAND LUGGAGE PER PERSON  
 TRANSFERS  
 ALL INCLUSIVE HOTEL  
 TRAVEL INSURANCE



**ALL FOR £2600! = 20 cigarettes a day!**